



WINNIPEG SCHOOL DIVISION

Support Staff Professional Development Conference

October 21, 2022



GENERAL INFORMATION

1. Schedule hours are:

MORNING	9:00 a.m. to 11:45 a.m.
AFTERNOON	1:00 to 3:30 p.m.
FULL DAY	9:00 a.m. to 3:30 p.m.

(Unless otherwise posted)

2. Parking is available in the school parking lots, as well as in the parking lot of the Charles A. Barbour Arena located at 500 Nathaniel Street.

***Attendees are asked not to park in the Grant Park Mall parking lot.**

3. Registration is available online through the Workshop Tab in Employee Connect.
4. Class enrollment is limited. Confirmation to workshops will be sent via e-mail prior to the conference.
5. Workshops may be cancelled if there are insufficient registrants.
6. This Registration Booklet is available for viewing at <https://livewsd1.sharepoint.com/sites/Staff-Portal> and wante.org.

Registration deadline: October 14, 2022, 4:00 p.m.

There is no charge to employees or substitute employees of Winnipeg School Division for this conference.

Participant Information

- All Participants MUST sign the sign-in sheet at the beginning of each session. (NB: For full-day sessions, there will be a sign-in sheet for the morning and one for the afternoon.)
- Failure to sign-in will result in WSD employees not being credited with this day as one of their Educational Assistant Administration Days. Schools will also be notified of non-attendance.
- Lunch Break will be from 12:00 to 1:00 p.m.
- (Presenters and Participants are responsible for their own lunches).
- Parking is restricted in the Grant Park Mall Parking Lot.
- Please park in the school parking lot or in the parking lot of the Charles A. Barbour Arena located at 500 Nathaniel Street.
- Participants who arrive late for the First Aid/CPR workshops will not be admitted.

Please note the location and start time of your workshop(s).

TABLE OF CONTENTS

FULL DAY WORKSHOPS

Workshop #	Workshop Title	Page
PDCF22-03	Wellness Strategies - Stress, Compassion Fatigue, and Resilience	4
PDCF22-04	Fetal Alcohol Spectrum Disorder - Strategies for Supporting	4
PDCF22-05	Autism	4
PDCF22-06	Emergency First Aid Training CPR Combination Course	5
PDCF22-07	The Role of the EA in the Classroom.	5
PDCF22-08	Neurodiversity: A Catalyst for Change	5
PDCF22-09	Google Docs & Sheets Basics.	5
PDCF22-10	RELATE (Regulate, Empathy, Learn, Adapt, Team, Experience)	5
PDCF22-11	Working with Newcomers	5

MORNING WORKSHOPS

PDCAM22-02	Conflict Resolution Skills	6
PDCAM22-03	Circle Teachings- Wholistic Learning of Oneself	6
PDCAM22-04	Improve Your Sleep and Energy	6

AFTERNOON WORKSHOPS

PDCPM22-01	Conflict Resolution Skills	7
PDCPM22-02	Having a Deaf/Hard of Hearing Student in Your Class	7



FULL-DAY WORKSHOPS

9:00 a.m. to 3:30 p.m.

PDCF22-03

Wellness Strategies - Stress, Compassion Fatigue, and Resilience

Facilitators: CTRI - Roland Kirouac
Grant Park High School, Senior Gym
450 Nathaniel Street

In many organizations it is common to find employees suffering from the adverse effects of stress. In the helping field, there are additional factors related to the nature of supporting people that can contribute to compassion fatigue or secondary trauma symptoms. Left unmanaged, stress can lead to unproductive patterns and result in loss of focus, motivation, and productivity. This workshop will help participants identify personal stress factors and introduce them to practical methods for successfully managing stress. Participants will have the opportunity to develop a personalized plan to repair negative effects of stress as well as accelerate their resilience.

Topics Include:

- Wellness in the Helping Profession
- Workplace Factors Related to Wellness
- Stress, Burnout, Compassion Fatigue, and Compassion Satisfaction
- Red Flags - Your Cue to Pause
- A Wholistic Approach to Wellness
- Healthy Coping Strategies
- Organizational Strategies to Support Wellness
- The Role of Resiliency

Maximum number of participants: 40

PDCF22-04

Fetal Alcohol Spectrum Disorder - Strategies for Supporting

Facilitators: CTRI - Paul Klostermaier-Starkewski
Grant Park High School, Room 4
450 Nathaniel Street

Fetal Alcohol Spectrum Disorder (FASD) is one of the most prevalent brain-based disabilities. As a result, there is a growing need for caregivers to acquire increased knowledge and practical skills to support children, adults, and families living with FASD. This workshop will review five pillars for success when supporting individuals with FASD. These include a focus on Strengths, Healthy Relationships, Promoting FASD Self Awareness, Adaptations Strategies, and Team-Based Support. Participants will transfer newfound knowledge about FASD into practical and meaningful ways to try differently, not harder in their support of individuals, families, and communities affected by FASD.

Topics Include:

- Primary Characteristics of FASD
- Stigma and Prevention - Myths and Realities
- Focusing on Strengths
- The Importance of Healthy Relationships
- Promoting Self Awareness
- Chronological Age vs. Developmental Age Considerations
- Strategies for Working with Impulsivity
- Team-Based Support Planning
- Adaptations Strategies

Maximum number of participants: 30

PDCF22-05

Autism

Facilitators: Brendan Boer – St. Amant
Grant Park High School, Junior Gym
450 Nathaniel Street

Write up to follow on Employee Connect

Maximum number of participants: 40

PDCF22-06

Emergency First Aid Training CPR Combination Course

Facilitators: Andrew & Paula Debenham

First Aid Training Centre

B-305 Madison Street

Ph: 204-294-6210

The skills acquired in this course are very valuable and practical. The value of this training is obvious to those that wish to be able to help in emergency situations. It is not just responding to emergencies, but will also deal with preventing injury and other dangerous situations before they happen.

All participants will receive a personal pocket first aid booklet, certificate (valid for three years), a vital link book (complete CPR, first aid information) and a positive, informative session on how to help in emergencies.

Maximum number of participants: 50

PDCF22-07

The Role of the EA in the Classroom

The Meaning of Support When Addressing Student Diversity

Facilitator: Rute de Oliveira Mendes, Teresa Logozar and Vanessa Harriott (ISS)

Grant Park High School, Room 9

450 Nathaniel Street

Educational Assistants have a key role in developing a sense of belonging and independence that highly impacts student learning. This workshop will develop a common understanding of the roles and responsibilities of the Educational Assistant according to the Manitoba Education and Early Childhood Learning document "Educational Assistants in Manitoba Schools". As part of the School Support Team (SST), Educational Assistants will learn more about tracking and reporting data, relationship building, and communication to support student success.

Maximum number of participants: 30

PDCF22-08

Neurodiversity: A Catalyst for Change

Facilitator: Sue Merrick and Jarett Myskiw (ISS)

Grant Park High School, Library

450 Nathaniel Street

With the advancement of science and technology there are new ways of thinking about the human brain and how different people learn in different ways. This session will focus on key ways a neurodiversity-based approach to teaching kids with learning differences would differ from the traditional approach.

Maximum number of participants: 35

PDCF22-09

Google Docs & Sheets Basics

Facilitator: Andrea Harris

Administration Building 2, Computer Lab

1180 Notre Dame Ave.

This workshop will cover how to navigate the Google Drive platform. We will go over the basic training for Google Docs & Sheets and practice inputting information, linking documents as well as sharing information both publicly and within division parameters. We'll also look at importing documents from your desktop computer to Google Drive as well as downloading documents from Google Drive to your desktop computer.

Maximum number of participants: 12

PDCF22-10

RELATE (Regulate, Empathy, Learn, Adapt, Team, Experience)

Facilitator: Trina Allan, Kevin Daeninck, Lauren Bogan, Karyn Gagnon (Inclusion Support)

ONLINE WORKSHOP via Zoom (please attend your home school to access)

RELATE centers around the fundamental importance of building a positive and safe relationship with students. There is a focus on the underlying causes of behaviour and implementation of interventions that are effective in the long term, while respecting the neurodiversity of all. Topics explored include: Healthy Brain Development, Trauma, Regulation, Relationships, Safe & Caring Environments, and Understanding & Responding to Behaviour.

- Once completed a certificate and expiry date will be issued. Certification will last three years.
- While this workshop is the prerequisite for taking NVCI workshops, it is applicable and relevant to all WSD staff.
- Access to a laptop or other device that can access Zoom is required. Staff will need to attend at their home school for attendance purposes. Substitutes will be contacted and advised where to report. This workshop cannot be done from home.

Maximum number of participants: 60

PDCF22-11

Working with Newcomers

Facilitator: Sue Hoang

Grant Park High School, Room 7

450 Nathaniel Street

This workshop is for any staff who work with newcomers and would like to learn about refugee and immigration experiences and promising practices of settlement and integration in an educational setting. Recommended for EAs and Clerical Staff.

Maximum number of participants: 24

MORNING WORKSHOPS

9:00 to 11:45 a.m.

PDCAM22-02

Conflict Resolution Skills

Facilitator: Jessica Antony - CTRI

Grant Park High School, Room 3

450 Nathaniel Street

Unhealthy and poorly managed conflict can have a negative impact on individuals and groups. People who master essential conflict resolution skills reduce the occurrence of negative conflict, leading to healthier, happier relationships and work environments. Many conflicts would not spiral out of control if people used conflict resolution techniques that are easy to learn and utilize. This workshop explores the various dynamics of conflict, including its sources and how it often escalates in predictable patterns. Participants will learn skills for responding confidently and effectively to conflict.

Topics Include:

- How Conflict Escalates
- Dealing with Misunderstandings
- The Intention Check Tool
- Strategies for Dealing with Disagreements
- The Interest Check: Moving from Positions to Interest
- Conflict Resolution Style Preferences
- The Style Check Tool
- Key Skills for Conflict Resolution
- Trigger Phrases to Avoid
- Strategies for Staying Calm in Conflict
- The Four-Part Conflict Resolution Process

Maximum number of participants: 30

PDCAM22-03

Circle Teachings- Wholistic Learning of Oneself

Facilitator: Stephanie Midford and Taylor Homenick (ISS)

Grant Park High School, Room 10

450 Nathaniel Street

Through the use of circle teachings, embedded in wholistic practices, participants will explore and reflect upon the Honourable Murray Sinclair's four fundamental questions that entail Belonging, Meaning, Purpose and Hope. Using Indigenous teachings, together we will look, listen, learn through an authentic learning experience to gain more understanding that can be applied to your daily life/work practices. The session will be an opportunity for all participants to see themselves reflected, accepted, valued and supported through a wholistic lens.

Maximum number of participants: 30

PDCAM22-04

Improve Your Sleep and Energy

Facilitator: Annika Carroll

Grant Park High School, Room 8

450 Nathaniel Street

Improve your sleep & energy! Are you struggling to fall asleep or stay asleep at night? Or do you get enough sleep and still wake up not feeling rested? Hi, my name is Annika Carroll, I'm an Adult Sleep & Health Coach and can help you out.

During this workshop you will learn about:

- How sleep works & how much we actually need
- Top mistakes people make when it comes to sleeping well
- Top tips on what to do
- A plan on how to make a few changes to your daily routine to get you your sleep & energy back.

I'm looking forward to meeting you and working with you!

Maximum number of participants: 25

AFTERNOON WORKSHOPS

1:00 to 3:30 p.m.

PDCPM22-01

Conflict Resolution Skills

Facilitator: Jessica Antony - CTRI

Grant Park High School, Room 3

450 Nathaniel Street

Unhealthy and poorly managed conflict can have a negative impact on individuals and groups. People who master essential conflict resolution skills reduce the occurrence of negative conflict, leading to healthier, happier relationships and work environments. Many conflicts would not spiral out of control if people used conflict resolution techniques that are easy to learn and utilize. This workshop explores the various dynamics of conflict, including its sources and how it often escalates in predictable patterns. Participants will learn skills for responding confidently and effectively to conflict.

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- Key Skills for Conflict Resolution
- Trigger Phrases to Avoid
- Strategies for Staying Calm in Conflict
- The Four-Part Conflict Resolution Process

Maximum number of participants: 30

PDCPM22-02

Having a Deaf/Hard of Hearing Student in Your Class

Facilitator: Patti Craven

Grant Park High School, Room 8

450 Nathaniel Street

Are you interested in learning more about students who are Deaf or hard of hearing? Do you wish you knew a little more about how to work with these students? If you answered YES, this is the workshop for you. Students who are Deaf or hard of hearing have some unique learning needs and knowing about these needs will help you support them in the classroom. In this session, participants will learn about the types and degrees of hearing loss (how much can they hear?), the different forms of amplification (hearing aids and FM systems), how to check hearing aids (are these even working?), communication tips for the classroom (how should I speak to the student?), supporting social/emotional needs (do they feel like a valued member of the class?) and a lot more. This session will be beneficial to anyone who supports a hard of hearing or Deaf student in their school.

Maximum number of participants: 30





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This publication is available
in alternate formats upon request.

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