



WINNIPEG SCHOOL DIVISION

# Support Staff Professional Development Conference

**Date: Friday, October 20, 2017**

**Time: 9:00 a.m. – 3:30 p.m.**

**Main Location: Grant Park High School**

**450 Nathaniel Street**



# GENERAL INFORMATION

- Schedule hours are:

MORNING	9:00 a.m. to 11:45 a.m.
AFTERNOON	1:00 p.m. to 3:30 p.m.
FULL DAY	9:00 a.m. to 3:30 p.m.

**(Unless otherwise posted)**

- Parking is available in the school parking lots, as well as in the parking lot of the Charles A. Barbour Arena located at 500 Nathaniel Street.

**Attendees are asked not to park in the Grant Park Mall parking lot.**

- Registration is available online through the Workshop Tab in Employee Connect.
- Class enrollment is limited. Confirmation to workshops will be sent via e-mail prior to the conference.
- Workshops may be cancelled if there are insufficient registrants.
- This Registration Booklet is available for viewing at [www.winnipegsd.ca](http://www.winnipegsd.ca) and [www.wante.org](http://www.wante.org).

**REGISTRATION DEADLINE IS AT 4:00 P.M., OCTOBER 6, 2017**

**THERE IS NO CHARGE TO EMPLOYEES OR SUBSTITUTE EMPLOYEES OF THE WINNIPEG SCHOOL DIVISION FOR THIS CONFERENCE.**

# FULL DAY WORKSHOPS

9:00 a.m. - 3:30 p.m.

Location - Grant Park High School unless otherwise posted.

<u>Workshop #</u>	<u>Workshop Title</u>
PDCF17-01	<b>NON-VIOLENT CRISIS INTERVENTION</b> – Gary Sova, Mark Joyce, Jodi Kelsch & Sarah Stephen <b>LOCATION: Administration Building #2, Room 106</b> <b>1180 Notre Dame Avenue</b> <b><u>FULL DAY FRIDAY AND SATURDAY MORNING</u></b>
PDCF17-02	<b>I'M IN CHARGE</b> – Jim Stein <b>LOCATION: Grant Park High School, Room 7</b>
PDCF17-03	<b>ANXIETY IN CHILDREN AND YOUTH – PRACTICAL INTERVENTION STRATEGIES</b> – Vicki Enns – C.T.R.I. <b>LOCATION: Grant Park High School, Room 4</b>
PDCF17-04	<b>CHALLENGING BEHAVIOURS IN YOUTH – STRATEGIES FOR INTERVENTION</b> – Mike Labun – C.T.R.I. <b>LOCATION: Grant Park High School, Senior Gym</b>
PDCF17-05	<b>UNDERSTANDING MENTAL HEALTH CONCERNS IN CHILDREN AND YOUTH</b> – Tricia Klassen – C.T.R.I. <b>LOCATION: Grant Park High School, Room 8</b>
PDCF17-06	<b>MANAGING DIFFICULT CLIENT RELATIONSHIPS</b> – Scott Erickson – C.T.R.I. <b>LOCATION: Grant Park High School, Room 11</b>
PDCF17-07	<b>FIRST AID/CPR</b> – Andrew and Paula Debenham <b>LOCATION: FIRST AID TRAINING CENTRE</b> <b>B-305 MADISON STREET</b> <b><u>9:00 a.m. to 3:30 p.m.</u></b>
PDCF17-08	<b>EQUITY WITH NEWCOMER STRENGTHS, CHALLENGES &amp; EXPERIENCES IN MIND</b> – Sue Hoang & Guests <b>LOCATION: Prince Charles ERC, Room B</b> <b>1075 Wellington Ave</b>

**PDCF17 - 01**  
**NON – VIOLENT CRISIS INTERVENTION**

*Facilitators: Gary Sova, Mark Joyce, Jodi Kelsch & Sarah Stephen*

**Location: Administration Building #2**

**Room 106**

**1180 Notre Dame Avenue**

**(PLEASE NOTE: 1½ DAYS)**

**Friday, October 20, 2017 (9:00 a.m. – 4:00 p.m.)**

**Saturday, October 21, 2017 (9:00 a.m. – Noon)**

**This workshop is only open to the employees of the Winnipeg School Division. Preference will be given to Substitute Educational Assistants in the “B” classification.**

This program provides training for school personnel working with severely disruptive students. It will teach you to respond to behavioural crises through analysis, verbal defusing, and, as a last resort, physical, therapeutic restraint. Successful participants receive certification, which is recognized for two (2) years.

**Maximum number of participants: 26**

**PDCF17 – 02**  
**I’M IN CHARGE**

*Facilitator: Jim Stein*

*Grant Park, Room 7*

A workshop on conflict management skills where participants will explore the ways in which interpersonal conflict is handled – mainly in a school setting. Participants will look at their own conflict management skills/style and be introduced to alternative styles which they can then use in different situations. The workshop is designed to provide opportunities for discussion, personal reflection and practical application.

**Maximum number of participants: 25**

# **PDCF17 – 03**

## **ANXIETY IN CHILDREN AND YOUTH – PRACTICAL INTERVENTION STRATEGIES**

*Facilitator: Vicki Enns - CTRI*  
*Grant Park, Room 4*

Anxiety represents our body's natural alarm system, signaling to us the possibility of danger. When this response arises too frequently or intensely and doesn't match situations of danger, it can interfere with life and cause great distress. Childhood and adolescence are core developmental stages for emotional and psychological development. It is typically during these stages that anxiety patterns begin that can persist into adulthood in the form of persistent mild anxiety tendencies to full-blown disorders. Having caregivers who are equipped to support and teach youth skills for managing and interrupting their anxiety patterns provides the needed early intervention. This workshop will provide a structure for understanding how anxiety works in the nervous system and a diverse range of skills that can be taught and practiced with children and youth. These skills are designed to replace increasing anxiety with expanded capacity for managing emotions and anxious thought patterns.

**Maximum number of participants: 30**



**PDCF17 – 04**  
**CHALLENGING BEHAVIOURS IN YOUTH**  
**STRATEGIES FOR INTERVENTION**

*Facilitator: Mike Labun – C.T.R.I.*  
*Grant Park, Senior Gym*

For those who work with youth, managing challenging behaviours that interfere with development, learning or success can be both frustrating and exhausting. This workshop will review challenging behaviours related to aggression, non-compliance and attention-seeking, and will provide a framework for intervening with these behaviours. Participants will analyze the effectiveness of their current approach and develop insights into what is happening when attempts at intervention do not work. They will gain a clear understanding of how to structure interactions for positive outcomes and will be provided with a coaching model to bring out the best in youth who exhibit challenging behaviours.

**Maximum number of participants: 45**

**PDCF17-05**  
**UNDERSTANDING MENTAL HEALTH CONCERNS IN**  
**CHILDREN AND YOUTH**

*Facilitator: Tricia Klassen - CTRI*  
*Grant Park, Room 8*

Children and youth need the adults in their lives to help navigate the difficulties that come along with mental health and to connect them with necessary support and services. This workshop is designed for education and social service providers, caregivers and anyone seeking a better understanding of the complexities that surround mental illness with this population. Participants will be provided with a general overview of the common mental illnesses for children and youth, signs and symptoms, themes for treatment and the controversies that surround some of the diagnoses. The final portion of the workshop will offer tips for informal support of children, youth and their families struggling with mental health concerns.

*Please note: This workshop is not a skill-building workshop of providing training for clinical therapy – the aim of the workshop is to provide understanding and awareness of mental health in children and youth.*

**Maximum number of participants: 30**

# **PDCF17-06**

## **MANAGING DIFFICULT CLIENT RELATIONSHIPS**

*Facilitator: Scott Erickson – C.T.R.I.*  
*Grant Park, Room 11*

For those who work in social services, it can be very challenging when clients are vulnerable, stressed-out, or quick to engage in conflict. Difficult dynamics in the service relationship are often amplified by environmental factors. Participants will analyze what contributes to these to these challenges, including the intra-personal factors, inter-personal factors and organizational factors. Utilizing case studies, participants will learn how to alter their interactions with clients they find difficult in order to transform unhealthy patterns, resulting in more positive outcomes. This workshop gives participants a straightforward approach that creates dramatic differences in the outcomes of conversations with clients they find difficult.

**Maximum number of participants: 30**



# **PDCF17 – 07 EMERGENCY FIRST AID TRAINING CPR COMBINATION COURSE**

***Facilitators: Andrew & Paula Debenham***

**Location: First Aid Training Centre**

**Room B-305 m**

**305 Madison Street**

**(9:00 a.m. – 3:30 p.m.)**

The skills acquired in this course are very valuable and practical. The value of this training is obvious to those that wish to be able to help in emergency situations. It is not just responding to emergencies, but will also deal with preventing injury and other dangerous situations before they happen.

All participants will receive a personal pocket first aid booklet, certificate (valid for three years), a vital link book (complete CPR, first aid information) and a positive, informative session on how to help in emergencies.

**Maximum number of participants: 50**

**THE FIRST AID TRAINING CENTRE IS IN THE BUILDING WITH THE PERKINS  
RESTAURANT ON MADISON STREET  
LOCATED BEHIND THE BOSTON PIZZA ON ST. JAMES STREET  
PH # 204-294-6210**



**PDCF17-08**  
**EQUITY WITH NEWCOMER CHALLENGES AND EXPERIENCES**  
**IN MIND**

*Facilitator: Sue Hoang*

*Guests: Abdi Ahmed, Noelle Depape & Hani Ataan Al-Ubeady*  
*(IMMIGRATION PARTNERSHIP WINNIPEG)*

*LOCATION: Prince Charles ERC, Room B - 1075 Wellington Ave*

Providing equity in education begins at fundamental levels of understanding the challenges and experiences our newcomer student and families face. Through a series of engaging activities, storytelling and discussions, participants will develop a better understanding of the needs of newcomer students and learn promising practices of working with newcomer populations. This workshop is developed and delivered in partnership with Immigration Partnership Winnipeg.

**Maximum number of participants: 30**



# MORNING WORKSHOPS

9:00 a.m. to 11:45 a.m.

Workshop #

Workshop Title

PDCAM17-01

**SUPPORTING YOUTH WITH MENTAL HEALTH CONCERNS**

– Doug Lockhart & Patrick Stewart

*(Independent Living Resource Centre)*

**LOCATION:** Grant Park High School, Junior Gym

PDCAM17-02

**MENTAL HEALTH LITERACY AND PRACTICAL CLASSROOM STRATEGIES FOR WORKING WITH DYSREGULATED CHILDREN AND YOUTH**

– Fiona England

**LOCATION:** Grant Park High School, *Room 3*

PDCAM17-03

**WORKING AS PART OF A TEAM**

– Garth German

**LOCATION:** Grant Park High School, *Library*

# **PDCAM17-01**

## **SUPPORTING YOUTH WITH MENTAL HEALTH CONCERNS**

*Facilitator: Doug Lockhart & Patrick Stewart*  
*Grant Park, Junior Gym*

One in three Canadians will experience a mental health problem in their lifetime and for the vast majority the onset of addiction and disorder begins in adolescence. While youth can face a challenging and diverse set of pressures there are many opportunities for concerned adults and peers to make a big difference. For over 30 years the Independent Living Resource Centre has supported Manitobans with disabilities to lead positive, self-directed and fully integrated lives. This half-day workshop will examine the opportunities that educators and schools have to support vulnerable students living with disabilities that we cannot always see.

**Maximum number of participants: 40**

# **PDCAM17 – 02**

## **MENTAL HEALTH LITERACY AND PRACTICAL CLASSROOM STRATEGIES FOR WORKING WITH DIYSREGULATED CHILDREN AND YOUTH**

*Facilitator: Fiona England*  
*Grant Park, Room 3*

This workshop will provide participants a thorough understanding of mental health and wellness for both adults and students. There will be a focus on wellness and strategies to support dysregulated children in the classroom.

**Maximum number of participants: 30**



# **PDCAM17 – 03**

## **WORKING AS PART OF A TEAM**

*Facilitator: Garth German*  
*Grant Park, Library*

Every successful team has members that know their role and are comfortable with their position within the group.

In this workshop we will explore when and how to be a strong team member and when and how to take the lead. We will also discuss appropriate ways to address team improvement.

**Maximum number of participants: 35**



# AFTERNOON WORKSHOPS

1:00 p.m. to 3:30 p.m.

<u>Workshop #</u>	<u>Workshop Title</u>
PDCPM17-01	<b>DISABILITY FROM A CULTURAL PERSPECTIVE</b> – Tiffany Pau & Muhiadin Oman <i>LOCATION: Grant Park High School, Room 9</i>
PDCPM17-02	<b>SUPPORTING YOUTH WITH MENTAL HEALTH CONCERNS</b> – Doug Lockhart & Patrick Steward ( <i>Independent Living Resource Centre</i> ) <i>LOCATION: Grant Park High School, Junior Gym</i>
PDCPM17-03	<b>ANXIETY</b> – Fiona England <i>LOCATION: Grant Park High School, Room 3</i>
PDCPM17-04	<b>EAT/MOVE/HEAL</b> – Dr. Dan Timmerman <i>LOCATION: Grant Park High School, Room 13</i>
PDCPM17-05	<b>WORKING AS PART OF A TEAM</b> – Garth German <i>LOCATION: Grant Park High School, Library</i>

## **PDCPM17 – 01**

# **DISABILITY FROM A CULTURAL PERSPECTIVE**

*Facilitators: Tiffany Pau & Muhiadin Omar*  
*Grant Park, Room 9*

This session will provide a global definition of disability as well as implications for working with students with disabilities. We will also share information regarding working with newcomers with disabilities and how to access the ethno-cultural program at SMD (Society for Manitobans with Disabilities) and who is eligible.

**Maximum number of participants: 25**

## **PDCPM17-02**

# **SUPPORTING YOUTH WITH MENTAL HEALTH CONCERNS**

*Facilitator: Doug Lockhart & Patrick Stewart*  
*(Independent Living Resource Centre)*  
*Grant Park, Junior Gym*

1 in 3 Canadians will experience a mental health problem in their lifetime and for the vast majority the onset of addiction and disorder begins in adolescence. While youth can face a challenging and diverse set of pressures there are many opportunities for concerned adults and peers to make a big difference. For over 30 years the Independent Living Resource Centre has supported Manitobans with disabilities to lead positive, self-directed and fully integrated lives. This half-day workshop will examine the opportunities that educators and schools have to support vulnerable students living with disabilities that we cannot always see.

**Maximum number of participants: 40**

## **PDCPM17 – 03**

# **ANXIETY**

*Facilitator: Fiona England*  
*Grant Park, Room 3*

This workshop will provide participants with a thorough understanding of Anxiety - what it is and what strategies we can use to support students and staff, both at home and at school.

**Maximum number of participants: 30**

## **PDCPM17 – 04 EAT, MOVE, HEAL**

*Facilitator: Dr. Dan Timmerman  
Grant Park, Room 13*

Dr. Dan Timmerman specializes in Total Body Wellness. He will teach you the most important keys to your own vibrant health and energy – which is the best foundation to be the best educational assistant. He will also show you how to apply this in the classroom.

- How to EAT well to provide health from the inside out.
- How to MOVE well with quick effective exercises to keep you on your toes.
- How to HEAL well to keep your body functioning at its best.

This year, Dr. Dan will also explain the relationship between posture, neurology, and ADHD.

**Maximum number of participants: 25**

## **PDCPM17 – 05 WORKING AS PART OF A TEAM**

*Facilitator: Garth German  
Grant Park, Library Room*

Every successful team has members that know their role and are comfortable with their position within the group.

In this workshop we will explore when and how to be a strong team member and when and how to take the lead. We will also discuss appropriate ways to address team improvement.

**Maximum number of participants: 35**



# Participant Information Sheet

## SUPPORT STAFF PROFESSIONAL DEVELOPMENT CONFERENCE

FRIDAY, OCTOBER 20, 2017

- All Participants **MUST** sign the sign-in sheet at the beginning of each session (NB: For full-day sessions, there will be a sign-in sheet for the morning and one for the afternoon).
- Failure to sign-in will result in WSD employees not being credited with this day as one of their Educational Assistant Administration Days. Schools will also be notified of non-attendance.
- Lunch Break will be from 12:00 p.m. – 1:00 p.m. (Presenters and Participants are responsible for their own lunches).
- Parking is restricted in the Grant Park Shopping Mall Parking Lot. Please park in the school parking lot or in the parking lot of the Charles A. Barbour Arena located at 500 Nathaniel Street.
- Participants who arrive late for the First Aid/CPR and the NVCI workshops will not be admitted.

**PLEASE NOTE THE LOCATION  
AND START TIME OF YOUR WORKSHOP(S).**